

Spectrum League



Are you someone who likes to be out in the community doing fun activities with friends?

Are you an individual on the autism spectrum and independent enough to engage in activities without the help of an aide or facilitator?

Then Spectrum League is for you!!!

The Spectrum League is a social club for adults 18 years and older on the autism spectrum that are independent and enjoy the company of friends and participating in activities in the community. Our goal is to have fun together while creating new friendships and building on those that already exist. We do fun outings like going to the Santa Monica Pier, Barney's Beanery for dinner and Karaoke night, the L. A. County Fair, Flappers Comedy Club, Disneyland, getting together for a pool party and more. The group also meets once a month at a home in Burbank to plan the next month's activities and enjoy socializing with each other. The Spectrum League is by a Steering Committee of adults on the spectrum with some parent support, but the group is for independent adults with ASD who do not require assistance from another support individual to be in the community.

If you think the Spectrum League might be for you and you would like to learn more, contact:

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